

TRAININGEN BRAXGATA SEIZOEN 2022 - 2023 (OUTDOOR)

maandag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B	Cage	Looppiste
17.30 - 18.00	17.30 - 18.50	U12G1 + U12G3		GK Training 17u30 - 18u30 18u30 - 19u30				
18.00 - 18.30	U12B1 + U12B3							
18.30 - 19.00								
19.00 - 19.30	U14G1 19.00 - 20.20	U14B1 19.00 - 20.20	U16B1 19.00 - 20.20		U16G1 19.00 - 20.20	U19G2 19.00 - 20.20		
19.30 - 20.00								
20.00 - 20.30								
20.30 - 21.00	D2 20.30 - 22.00	U19B1 20.30 - 22.00	Ladies / Gents		Ladies / Gents			
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
dinsdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
17.30 - 18.00								
18.00 - 18.30	Dames 1 18.00 - 20.00							
18.30 - 19.00			U19G3 18.30 - 20.00					
19.00 - 19.30								
19.30 - 20.00								
20.00 - 20.30	Heren 1 20.00 - 22.30		Heren 2 20.00 - 22.00					
20.30 - 21.00				Heren 3 20.30 - 22.30	Dames 3 20.30 - 22.30			
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
woensdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
14.00 - 15.30	U6 14.00 - 15.15	U7B + U7G 14.00 - 15.15	U10B+U10G 14.00 - 15.25	U10B1 U10B2			Proef training U5-U6	
		U7B1-B2 + U7G1-G2	U10G1 U10G2 U10G3	Trainende leden U10				
		Trainende leden U7						
15.30 - 17.00	HIPO	U8B + U8G 15.30 - 16.55	U12G1 15.30 - 16.55 U12G2 15.30 - 16.55 U12G3 15.30 - 16.55	Trainende leden U12	U12B1 15.30 - 16.55 U12B2 15.30 - 16.55 U12B3 15.30 - 16.55 U12B4 15.30 - 16.55		Proef Training U7-U8 Proef Training U10-U12	FYSIEK 16.15 - 17.00 U14B1 + U14G1
		U8B1, B2 + U8G1,G2,G3						
		Trainende leden U8						
17.00 - 17.30	U16G1 17.00 - 18.30	U16B1 17.00 - 18.30	U14B1 17.00 - 18.30 U14G1 17.00 - 18.30	Trainende leden U14-U19	U14G2 17.00 - 18.30	U16G3 17.00 - 18.30	Proef Training U14-U19	17.00 - 17.30 U12B1 + U12G1
17.30 - 18.00								
18.00 - 18.30					G-Hockey 17.30 - 18.30			
18.30 - 19.00	U19G1 18.30 - 20.00	U14B2 18.30 - 20.00	U16B3 18.30 - 20.00	U16B2 18.30 - 20.00	U16G2 18.30 - 20.00	U14B3 18.30 - 20.00 U16G4 18.30 - 20.00		
19.00 - 19.30								
19.30 - 20.00								
20.00 - 20.30	Dames 1 20.00 - 22.30		U19B1 20.00 - 21.30	U19B2 20.00 - 21.30	U19B3 20.00 - 21.30	Dames 2 20.00 - 22.00		
20.30 - 21.00								
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
donderdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
18.00 - 18.30	Heren 1 15.30 - 20.00							
18.30 - 19.00								
19.00 - 19.30			Heren 3 19.00 - 20.30	U19G2 19.00 - 20.00				
19.30 - 20.00								
20.00 - 20.30	Heren 2 20.00 - 22.00							
20.30 - 21.00			Heren 5 20.00 - 22.00	GLAM 20.30 - 22.30	GLAM 20.30 - 22.30	GLAM 20.30 - 22.30		
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
vrijdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
16.30 - 17.00	Dames 1 15u30 - 17.30		17.00 - 18.00	U8B1 + U8B2	17.00 - 18.00		Trainende leden	
17.00 - 18.00			U7B1 + U7B2 U7G1 + U7G2	U8G1 + U8G2 + U8G3	U10B1 U10B2	U10G1 U10G2		
			Trainende leden U7	Trainende leden U8	Trainende leden U10	U10G3		
18.00 - 19.00	Heren 1 17.30 - 19.00		18.00 - 19.00 U12B	U12B1 U12B2 U12B3	U12B4	18.00 - 19.00 U12G U12G1 U12G2 U12G3	Trainende leden	
						Trainende leden U12		
19.00 - 20.00	U14B1 19.00 - 20.00	U14G1 19.00 - 20.00	U16B1 19.00 - 20.00	U16G1 19.00 - 20.00	U14B2 19.00 - 20.00 U14G2 19.00 - 20.00	U14B3 19.00 - 20.00	Trainende leden	
					Trainende leden U14-U19			
20.00 - 21.00	U19B1 20.00 - 21.00	U19G1 20.00 - 21.00	U16G2 20.00 - 21.00 U16G4 20.00 - 21.00 U16G3 20.00 - 21.00		U16B2 20.00 - 21.00 U16B3 20.00 - 21.00	Dames 5 20.00 - 21.00		
21.00 - 22.30	U19B2 21.00 - 22.00	U19B3 21.00 - 22.00	U19G3 21.00 - 22.00	Heren 4 21.00 - 22.30				