

**TRAININGEN BRAXGATA SEIZOEN 2023 - 2024 (OUTDOOR) DD 29/7/2023**

maandag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B	Cage	Looppiste
17.30 - 18.00	17.15 - 18.45 U12B1 + U12B2	17.15 - 18.45 U12G1 + U12G2	U16B2 17.15 - 18.45	GK SCHOOL 17.15 - 18.15 18.15 - 19.15	U14G2 17.15 - 18.45			
18.00 - 18.30								
18.30 - 19.00								
19.00 - 19.30	U14G1 18.45 - 20.15	U14B1 18.45 - 20.15	U16B1 18.45 - 20.15	19.15 - 20.15	U16G1 18.45 - 20.15	U19G1 18.45 - 20.15		
19.30 - 20.00								
20.00 - 20.30								
20.30 - 21.00	D2 20.30 - 22.00	U19B1 20.30 - 22.00	Ladies / Gents 20.30 - 22.00		Ladies / Gents 20.30 - 22.00			
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
dinsdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
17.00 - 17.30	Dames 1 1700 - 19.00							
17.30 - 18.00								
18.00 - 18.30								
18.30 - 19.00						U19G4 18.30 - 20.00		
19.00 - 19.30	Heren 1 19.00 - 21.00					U19G2 19.00 - 20.30		
19.30 - 20.00								
20.00 - 20.30			Heren 2 20.00 - 22.00				U19G3 20.00 - 21.30	
20.30 - 21.00				Heren 3 20.30 - 22.00	Dames 3 20.30 - 22.00			
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
woensdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
14.00 - 15.30	U5-U6 14.00 - 15.15	U7B + U7G 14.00 - 15.15	U9/10B+U9/10G 14.00 - 15.25 U9G1-G2 U9B1-B2 U10G1 U10B1				Proef training U5-U6	
		U7B1-B2-B3 + U7G1		Trainende leden U9-U10				
		Trainende leden U7						
15.30 - 17.00	HIPO 15.30 - 16.45	U8B + U8G 15.30 - 16.55	U12G1 15.30 - 16.55 U12G2 15.30 - 16.55 U12G3 15.30 - 16.55		U12B1 15.30 - 16.55 U12B2 15.30 - 16.55 U12B3 15.30 - 16.55		Proef Training U7-U8 Proef Training U10-U12 GK SCHOOL 16.00 - 17.00 U14B1 + U14G1 + U14G2	FYSIEK 16.15 - 17.00 U14B1 + U14G1 + U14G2
		U8B1-B2 + U8G1		Trainende leden U12				
		Trainende leden U8						
17.00 - 17.30	U16G1 17.00 - 18.30	U16B1 17.00 - 18.30	U14B1 17.00 - 18.30		U14G2 17.00 - 18.30	U14G3 17.00 - 18.30	17.00 - 18.00	17.00 - 17.45
17.30 - 18.00			U14G1 17.00 - 18.30				U16G1 + U19G1	U12B1 + U12G1
18.00 - 18.30			Trainende leden U14-U19		G-Hockey 17.30 - 18.30		Proef Training U14-U19	17.45 - 18.30
18.30 - 19.00	U19G1 18.30 - 20.00	U14B2 18.30 - 20.00	U16B3 18.30 - 20.00	U16B2 18.30 - 20.00	U14B3 18.30 - 20.00		18.30 - 19.30	U19G1 - U16B2
19.00 - 19.30					U16G2 18.30 - 20.00		U16B1 + U16B2 + U19B1	18.30 - 19.15
19.30 - 20.00					U16G3 18.30 - 20.00			U16B1 - U16G1
20.00 - 20.30	Dames 1 20.00 - 22.00		U19B1 20.00 - 21.30	U19B2 20.00 - 21.30	U19B3 20.00 - 21.30	Dames 2 20.00 - 22.00		19.15 - 20.00
20.30 - 21.00								U19B1
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
donderdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
18.00 - 18.30	Heren 1 14.30 - 15.45							
18.30 - 19.00	Heren 1 17.45 - 19.30							
19.00 - 19.30			Heren 3 19.00 - 20.30					
19.30 - 20.00					U19G3 19.30 - 20.30			
20.00 - 20.30								
20.30 - 21.00	Heren 2 20.00 - 22.00		Heren 5 20.00 - 22.00	GLAM 20.30 - 22.30	GLAM 20.30 - 22.30	GLAM 20.30 - 22.30		
21.00 - 21.30								
21.30 - 22.00								
22.00 - 22.30								
vrijdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B		
16.30 - 17.00	Dames 1 15.30 - 17.30		17.00 - 18.00 U7B1 + U7B2 + U7B3 U7G1 Trainende leden U7	U8B1 + U8B2 U8G1 Trainende leden U8	17.00 - 18.00 U10B1 U9B1 + U9B2 Trainende leden U9-U10	U10G1 U9G1 + U9G2	Trainende leden	
17.00 - 18.00								
18.00 - 19.00	Heren 1 17.30 - 19.00		18.00 - 19.00 U12B U12B1 U12B2 U12B3 Trainende leden U12	18.00 - 19.00 U12G U12G3 Trainende leden U12	18.00 - 19.00 U12G U12G1 + U12G2	U14G3 18.00 - 19.00	Trainende leden	
19.00 - 20.00	U14B1 19.00 - 20.00	U14G1 19.00 - 20.00	U16B1 19.00 - 20.00 U16G1 19.00 - 20.00 Trainende leden U14-U19		U14G2 19.00 - 20.00 U14B2 19.00 - 20.00 U14B3 19.00 - 20.00		Trainende leden	
20.00 - 21.00	U19B1 20.00 - 21.00	U19G1 20.00 - 21.00	U16B3 20.00 - 21.00	U16B2 20.00 - 21.00	U16G2 20.00 - 21.00 U16G3 20.00 - 21.00 U19G4 20.00 - 21.00			
21.00 - 22.30	U19B2 21.00 - 22.00	U19B3 21.00 - 22.00	U19G2 21.00 - 22.00 Heren 4 21.00 - 22.30		Dames 4 21.00 - 22.00 Dames 6 21.00 - 22.00 Dames 7 21.00 - 22.00			