

TRAININGEN BRAXGATA SEIZOEN 2023 - 2024 (OUTDOOR) DD 1/11/2023

maandag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B	Cage
17.30 - 18.00	17.15 - 18.45	17.15 - 18.45	U16B2 17.15 - 18.45	GK SCHOOL 17.15 - 18.15 18.15 - 19.15 19.15 - 20.15	U14G2 17.15 - 18.45		
18.00 - 18.30	U12B1 + U12B2	U12G1 + U12G2					
18.30 - 19.00							
19.00 - 19.30	U14G1 18.45 - 20.15	U14B1 18.45 - 20.15	U16B1 18.45 - 20.15			U16G1 18.45 - 20.15	U19G1 18.45 - 20.15
19.30 - 20.00							
20.00 - 20.30							
20.30 - 21.00	D2 20.30 - 22.00	U19B1 20.30 - 22.00	Ladies / Gents		Ladies / Gents		
21.00 - 21.30							
21.30 - 22.00							
22.00 - 22.30							
dinsdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B	
17.00 - 17.30	Dames 1 17.00 - 19.00						
17.30 - 18.00							
18.00 - 18.30							
18.30 - 19.00							U19G4 18.30 - 20.00
19.00 - 19.30	Heren 1 19.00 - 21.00				U19G2 19.00 - 20.30		
19.30 - 20.00							
20.00 - 20.30			Heren 2 20.00 - 22.00				U19G3 20.00 - 21.30
20.30 - 21.00				Heren 3 20.30 - 22.00	Dames 3 20.30 - 22.00		
21.00 - 21.30							
21.30 - 22.00							
22.00 - 22.30							
woensdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B	
14.00 - 15.30	U5-U6 14.00 - 15.15	U7B + U7G 14.00 - 15.15	U9/10B+U9/10G 14.00 - 15.25				
		U7B1-B2-B3 + U7G1	U10G1	U9 B1			
		Trainende leden U7 + U8	U10G2	U9 B2			
				U10B1			
15.30 - 17.00	HIPO 15.30 - 16.45	U8B + U8G 15.30 - 16.55	U12G1 15.30 - 16.55		U12B1 15.30 - 16.55		
		U8B1-B2 + U8G1	U12G2 15.30 - 16.55		U12B2 15.30 - 16.55		GK SCHOOL 16.00 - 17.00
			U12G3 15.30 - 16.55	Trainende leden U9 - U12	U12B3 15.30 - 16.55		U14B1 + U14G1 + U14G2
17.00 - 17.30	U16G1 17.00 - 18.30	U16B1 17.00 - 18.30	U14B1 17.00 - 18.30		U14G2 17.00 - 18.30	U14G3 17.00 - 18.30	17.00 - 18.00
17.30 - 18.00			U14G1 17.00 - 18.30				U16G1 + U19G1
18.00 - 18.30			Trainende leden U14-U19		G-Hockey 17.30 - 18.30		
18.30 - 19.00	U19G1 18.30 - 20.00	U14B2 18.30 - 20.00	U16B3 18.30 - 20.00	U16B2 18.30 - 20.00	U14B3 18.30 - 20.00		18.30 - 19.30
19.00 - 19.30					U16G2 18.30 - 20.00		U16B1 + U16B2 + U19B1
19.30 - 20.00					U16G3 18.30 - 20.00		
20.00 - 20.30	Dames 1 20.00 - 22.00		Dames 2 20.00 - 22.00	U19B1 20.00 - 21.30	U19B3 20.00 - 21.30	U19B2 20.00 - 21.30	
20.30 - 21.00							
21.00 - 21.30							
21.30 - 22.00							
22.00 - 22.30							
donderdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B	
18.00 - 18.30	Heren 1 14.30 - 15.45				U19G2 18.15 - 19.15		
18.30 - 19.00	Heren 1 17.45 - 19.30						
19.00 - 19.30			Heren 3 19.00 - 20.30		U19G3 19.00 - 20.30	U19G4 19.00 - 20.30	
19.30 - 20.00							
20.00 - 20.30							
20.30 - 21.00	Heren 2 20.00 - 22.00		Heren 5 20.00 - 22.00	GLAM 20.30 - 22.30	GLAM 20.30 - 22.30	GLAM 20.30 - 22.30	
21.00 - 21.30							
21.30 - 22.00							
22.00 - 22.30							
vrijdag	Water 1A	Water 1B	Water 2A	Water 2B	Water 3A	Water 3B	
16.30 - 17.00	Dames 1 15.30 - 17.30		17.00 - 18.00		17.00 - 18.00		Trainende leden
17.00 - 18.00			U7B1 + U7B2 + U7B3 / U7G: U8B2 / U8G1		U10B1	U10G1	
			Trainende leden U7 + U8		U9B1 + U9B2	U10G2	
18.00 - 19.00	Heren 1 17.30 - 19.00		18.00 - 19.00 U12B	18.00 - 19.00 U12G	18.00 - 19.00 U12G	U14G3 18.00 - 19.00	Trainende leden
			U12B1		U12G1 + U12G2		
			U12B2	Trainende leden U9 - U12			
			U12B3				
19.00 - 20.00	U14B1 19.00 - 20.00	U14G1 19.00 - 20.00	U16B1 19.00 - 20.00		U14G2 19.00 - 20.00		Trainende leden
			U16G1 19.00 - 20.00		U14B2 19.00 - 20.00		
			Trainende leden U14-U19		U14B3 19.00 - 20.00		
20.00 - 21.00	U19B1 20.00 - 21.00	U19G1 20.00 - 21.00	U16B3 20.00 - 21.00	U16B2 20.00 - 21.00	U16G2 20.00 - 21.00	U16G3 20.00 - 21.00	
21.00 - 22.30	U19B2 21.00 - 22.00	U19B3 21.00 - 22.00	Heren 4 21.00 - 22.30		Dames 4 21.00 - 22.00	Dames 6 21.00 - 22.00	
					Dames 7 21.00 - 22.00		

Trainingschema Jeugd ploegen Indoor
van maandag 20.11.23 tot vrijdag 23.02.24

	Pitch 1		Pitch 2		Pitch 3	
Maandag	A	B	A	B	A	B
17:45 - 18:45	U14G3		U14B2		U14B3	
18:45 - 19:45	U19G2		U16G3		U16B3	
19:45 - 20:00						
20:00-23:00						
	GLAM					
Dinsdag	A	B	A	B	A	B
17:45 - 18:45	U16G2		U19G3		U19G4	
18:45 - 19:45	U19B2		U19B3		BEERSCHOT	
19:45 - 20:00						
20:00-23:00						
	KBHB					
Woensdag	A	B	A	B	A	B
14:00 - 15:00	U7		U6 + Trainende leden U5-U6		U9B1	U9B2
15:00 - 16:00	U8 + Trainende leden U7-U8		U10G2	Trainende leden U9-U12	U10B1	U10G1
16:00 - 17:00	U12G3	U12B3	U12G2	U12B2	U12G1	
17:00 - 18:00	U16G1		U12B1		U14G1	
18:00 - 19:00	U14B3		U14G2		U14G3	
19:00 - 20:00	U14B1		U14B2		U16G3	
20:00-21:00	U16B2		U16B1		U16B3	
21:00-22:00	U19G2		U19B1		U19G1	
Donderdag	A	B	A	B	A	B
17:45 - 18:45	U19B2		U19B3		BEERSCHOT	
18:45 - 19:45	U16G2		U19G3		U19G4	
19:45 - 20:00						
20:00-23:00						
	KBHB					
Vrijdag	A	B	A	B	A	B
17:00 - 18:00	U12G2	U12G3	U7	U8	U9B1	U9B2
18:00 - 19:00	U12B1	U12B2	Trainende leden U14-U19	U10G2	U10B1	U10G1
19:00 - 20:00	U14G2		U14G1		U12B3	U12G1
20:00 - 21:00	U16B1		U16B2		U14B1	
21:00 - 22:00	U19B1		U16G1		U19G1	